



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SAFETY FAMILY COMMUNITY

Y Child Watch Policies and Key Reminders

Child Watch General Guidelines

Child Watch is a service that offers a quality play experience in a safe environment while a child's parent/guardian enjoys the Y facility. It is not a licensed childcare facility.

Please read the below policies prior to the use of this service.

- Parents/Guardians must remain in the Y facility while your child is in Child Watch. The only exception to this is usage of the Mariner's Trail, in which case the adult must let staff know their plans to be on the trail, carry a cell phone, and ensure staff has the current number. Failure to comply with this rule will result in restricted access to Child Watch.
- Due to the location of our room and location of restrooms, we ask parents to arrive in time to accompany their child[ren] to the restroom before drop off.
- The maximum time a child may use Child Watch is 2 hours per day for all ages.
- Child Watch is a service open to children ages 6 months to 8 years old, but please remember our facility and equipment is designed for younger children.
- Please check yourself in and out on the forms provided each time you use Child Watch. The staff will be able to help with this if you need it.
 - If someone different is picking up, make sure staff is aware and they bring ID.
- We will not provide any snacks or refreshments, so please plan meals accordingly to ensure child satisfaction, especially around meal times. Please refrain from bringing in snacks for your children as we will be unable to distribute that snack.
- Please leave personal belongings at home.
- Parents must provide supplies (diapers, wipes, pull-ups, extra clothes, etc.) in a labeled bag. Staff will change diapers unless parents specify otherwise. If child is not completely toilet trained, please use a pull-up, diaper, etc., and include wipes and extra clothes.
- If a child experiences a long period of adjustment (i.e. continued crying after being comforted for 15-20 minutes), the staff will contact you to return to comfort your child or remove them from Child Watch.
- If the behavior of the child is inappropriate for interaction in a group setting, the parent will be notified. For extreme behavior, the YMCA reserves the right to ask that a child not return for a specified period of time.
- To maintain a healthy environment we ask that you do not bring your child if they are showing signs of illness. They must be fever free for 24 hours without medication (temp under 100.4). Child Watch staff may not administer any medication, including diaper rash cream. Please see reverse side for additional health



concerns.

- Should your child become ill while under our care, the parent or guardian will be located and asked to pick up their child.
- Child Watch may close early if there are no children checked in 20 minutes prior to the regular closing times. Please visit our website, mtrymca.org, or see our membership service desk for current hours.
- Space is available on a first come, first serve basis. Child Watch staff reserve the right to determine capacity due to policies and ages of children already in care.

Health Concerns

- All staff and children will wash their hands after using the restroom.
- Please do NOT bring children to Child Watch if any of the following symptoms are present as they may occur with a contagious illness. If your child has any of these symptoms, you will be asked to remove your child until they are healthy. This includes YMCA staff children.
 - A new rash other than on diaper area
 - Vomiting within the past 12 hours
 - Nasal drainage that is thick, green, or yellow
 - Paleness, excessive sleepiness, or irritability
 - Anything requiring 1 on 1 care
 - Fever of 100.4 degrees or above
 - Diarrhea (after second occurrence)
 - Excessive coughing
 - Eye redness and drainage
- Children absent from school due to illness should not be brought into Child Watch
- Some illnesses are highly contagious and may be subject to State Public Health Statutes. Rules and recommendations for return to Child Watch are as follows:

Chicken Pox	7 days with all pox scabbed over and dry
Diarrhea/vomiting	None in last 24 hours
Impetigo	Dry, healing skin with no crusts
Conjunctivitis (pink eye)	Puss gone and on medication for at least 24 hours
Strep throat	Medication for at least 24 hours
Thrush	No mouth lesions
Coxsackie (Hand, foot, mouth)	No sores present in mouth, no fever
Head lice	Nit free
High fever	Fever free
- Any child who has been exposed to COVID-19 should not be brought to Child Watch and should follow local Public Health guidelines to determine a safe return time.